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Lincoln's Melancholy, a recently published book by Joshua Wolf Shenk, has received widespread acclaim as a scholarly and exhaustively documented work. Although the emotional aspects of Lincoln's life have been minimized by prominent Lincoln historians of the 20th century, contemporary reviews of primary source materials now provide ample evidence that Lincoln experienced an enduring and at ...

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Lincoln's Melancholy: How Depression Challenged a ...

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As Shenk shows, Lincoln was able to control his depression well enough to be elected the sixteenth president of the United States and to lead the Union to victory in the Civil War. Lincoln's days as president were probably the hardest of his life, enduring agony like the death of his son, the death of many soldiers on both sides of the war, and having to deal with the politics to save the Union.

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Drawing on seven years of his own research and the work of other esteemed Lincoln scholars, Shenk reveals how the sixteenth president harnessed his depression to fuel his astonishing success. Lincoln found the solace and tactics he needed to deal with the nation's worst crisis in the "coping strategies" he had developed over a lifetime of persevering through depressive episodes and ...

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9780618773442: Lincoln's Melancholy: How Depression ...

Lincoln's Melancholy How Depression Challenged a President and Fueled His Greatness. Houghton Mifflin, October 2005. A New York Times Notable Book. "A profoundly human and psychologically important examination of the melancholy that so pervaded Lincoln's life.

lincoln's melancholy — joshua wolf shenk

@inproceedings{Shenk2005LincolnsMH, title={Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness}, author={J. Shenk}, year={2005} } J. Shenk Published 2005 Psychology the United States experienced at least two clear-cut episodes of major depression, and struggled with ...

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"Why is it that all men who have become outstanding in philosophy, statesmanship, poetry or the arts are melancholic," — Joshua Wolf Shenk, *Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness*

Lincoln's Melancholy Quotes by Joshua Wolf Shenk

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Mr. Shenk talked with former first lady Rosalynn Carter about his book [*Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness*], published by Houghton Mifflin. The ...

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Exploring Abraham Lincoln's 'Melancholy' A new book on Abraham Lincoln explores how the young Illinois lawyer went on to become president despite suffering from lifelong depression.

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